

# Procedure to Support & Determine a Student's Fitness to Continue in Study

Document Reference and Version Number	Version 2 February 2018
Purpose	To guide staff in responding to situations in which a student's fitness to continue in study is in question
Commencement Date	February 2018, approved at AC 05.02.18
Date of Next Review	February 2021
Who needs to know about this document	Governing Body, Academic Council, All Staff, Student Union, Students, Collaborative Partners
Revision History	Version 1 December 2015
Policy Author	Office of the Registrar
Policy Owner	Office of the Registrar

#### **CONTENTS**

1	Introd	uction	3
2	Prior t	o Invoking this Procedure	3
	2.1	Who can invoke the Responses	. 3
	2.2	Role of Head of Department, Faculty or Registrar	. 3
	2.3	Role of a Healthcare Professional or Student Counsellor	. 3
3	Level 1	l Response	4
4	Level 2	Page Response	5
5	Level 3	B Response	5
6	Right o	of Appeal	6
7	Return	to Study following a Period of Withdrawal	7
8	Record	d Keeping, Data Protection, Confidentiality	7
Appen	dix 1 Ex	camples of Circumstances of Concern as to a Student's Fitness to Study	8
Appen	dix 2 N	ote of Concern	9
Appen	dix 3 Le	evel 2 Response: Multidisciplinary Case Review1	.2
Appen	dix 4 Le	evel 3 Response: Fitness to Continue in Study Panel Review	.5
Appen	dix 5 Te	emporary Suspension 1	.7
Appen	dix 6 Co	onstitution of Appeals Committee1	.8
Appen	dix 7 A	ppeals1	.9
Appen	dix 8 Re	eturn to Study Procedures2	<b>!1</b>
Appen	dix 9 U	seful Resources	<u>'</u> 2
		Actions advised in helping a Student in Distress or Crisis 2	

#### 1 Introduction

In varying circumstances, concerns may be noted as to a student's support needs or their fitness to continue in study. This procedure may be invoked at any one of three levels, according to the level of response needed, as determined by the person invoking it.

The key principle in administering this procedure is to support the student in either continuing in study or taking a break and returning to study when fit, and protecting the campus community as a whole.

# **2** Prior to Invoking this Procedure

This procedure sets Level 1, Level 2 and Level 3 responses.

These responses arise where the matter of concern is unlikely to be resolved through the use of existing supports. Nevertheless, it is to be expected that the activation of this procedure is subsequent to standard engagements with academic or support staff as relevant.

As stated in this policy, "in supporting a student who is a cause of real concern and who may be significantly distressed, staff should act in accordance with the advice available from reliable sources such as the Student Health Centre and the Student Counselling Service".

### 2.1 Who can invoke the Responses

A Level 1 Response may be invoked by either the Head of Department (HoD) or Head of Faculty (HoF) with responsibility for the student's programme of study or the Registrar. Invoking Level 2 and Level 3 shall be the responsibility of the Registrar.

# 2.2 Role of Head of Department, Faculty or Registrar

Where a member of staff has a well-founded concern regarding a student's fitness to continue in study, the member of staff should either raise the matter with the Head of Department, Head of Faculty, or with the Registrar when a student has failed to, (or are judged unlikely to), resolve the concern with existing supports or actions.

The seriousness of each circumstance and the response required is a matter of judgement for the Heads of Department/Head of Faculty or the Registrar and will determine whether or not any of Level 1, 2 or 3 response is to be invoked.

#### 2.3 Role of a Healthcare Professional or Student Counsellor

A student may be referred by IADT Student Services at any stage of the process to a relevant healthcare professional to include, but not limited to, the person providing General Practitioner services to the Institute, Consultant Occupational Physician, Consultant Psychiatrist or a Consultant Psychologist. In some circumstances, it may be appropriate to consult the Student Counsellor.

All communications with TUSLA will be made through the Registrar. The student shall be obliged, under this procedure, to attend at such medical consultation and examination as required and shall co-operate with any medical practitioner in the provision of a medical report to the Institute.

Failure to attend or a failure, in the opinion of the medical practitioner, to co-operate with any such practitioner shall be deemed to be a failure to co-operate with the Institute's procedures

### 3 Level 1 Response

A Level 1 Response is intended for circumstances where there are **well-founded emerging concerns** about a student. The particular circumstances can vary, as described in <u>Appendix 1</u>.

A Level 1 response has usually, though not necessarily always, preceded by low level support, informal guidance and/or advice given to the student by Institute academic or support staff. This procedure arises where standard supports are not sufficient or effective in a particular situation.

In the event that a concern persists, the staff member concerned (who is not a member of the Support Services) should ensure that either the Head of Department, Head of Faculty1 or the Registrar has been alerted, who will (if they deem it appropriate) invoke Level 1 of these procedures, as follows:

- 1 Raise a Note of Concern (see Appendix 2)
- 2 Effectively inform the student of the nature of the concerns, in writing
- 3 Offer and arrange a face-to-face meeting to provide support/advice to the student from one or more of:
  - Academic Staff for advice/support on the services available to students
  - Student Support Services

The student is offered the opportunity to be accompanied by a friend/family member/or student representative.

4 Close the Note of Concern if no further action is deemed necessary following Item 3

OR

5 Escalate to a Level 2 **or** Level 3 response

<sup>&</sup>lt;sup>1</sup> Concerns expressed or noted as arising or presenting principally in the teaching space or on placement are usually considered by the Heads of Department/Head of Faculty. Concerns expressed or noted as arising outside these settings, eg in student activities on campus are usually considered by the Registrar

# 4 Level 2 Response

A Level 2 response is intended for circumstances where there are either

1 New concerns or existing/old concerns persist and are unresolved from a Level 1 Note of Concern

#### OR

2 Significant first concerns where it is deemed invoking a formal multi-disciplinary case review meeting is required (See <a href="Appendix 3">Appendix 3</a> for detail on this establishment and composition)

The Registrar and the Heads of Department/Head of Faculty will consult and, if necessary, the Registrar will invoke Level 2 of these procedures, as follows:

- 1 Raise a Note of Concern (see Appendix 2) or continue the Note of Concern from Level 1
- 2 Effectively inform the student of the nature of the concerns expressed
- 3 Arrange a multi-disciplinary case-review meeting as soon as practicable (see Appendix 3) to:
  - a) Consider the nature of the concerns
  - b) Develop an agreed plan of action
  - c) Support the student
  - d) Arrange to monitor the effectiveness of the plan in resolving the issue of concern
  - e) Arrange formal follow-up
- 4 Proceed to:
  - a) Close the Note of Concern if no further action is deemed necessary following Item 3 above

#### OR

b) Support a student who wishes to voluntarily withdraw/take leave of absence from studies on grounds of fitness at this stage without the need to proceed to a Level 3 Response. It is intended that **all** students who voluntarily withdraw or take leave of absence from IADT on grounds of fitness should have been considered under a Level 2 response of this procedure.

#### OR

c) Escalate and request that Level 3 response be invoked because of concerns that the student's fitness to continue in study needs to be formally considered and determined.

# 5 Level 3 Response

A Level 3 response is intended for circumstances where there are concerns that immediate consideration and determination of a student's fitness to continue in study is required.

It may be invoked immediately following either a Level 1 or Level 2 response, or it may be invoked directly with no preceding Level 1 or 2 response, due to the seriousness of the concern for the health, wellbeing or welfare of the individual concerned, or for the impact the student's distress or behaviour is having on others in the campus community.

The Registrar and the Heads of Department/Head of Faculty will consult and, if necessary, the Registrar will invoke Level 3 of these procedures as follows:

- 1 Raise a Note of Concern (see Appendix 2)
- 2 Notify the student in writing of the nature of the concerns
- 3 Arrange a Fitness to Continue in Study Panel Review (see Appendix 4) for the panel to consider the concerns expressed about the student. The outcomes possible from this review are:
  - a) The Registrar directs the student to suspend their studies at the Institute for an agreed period or until conditions set by the panel are met, or both

OR

- b) The Student is deemed fit to continue in study, subject to an action plan (as per Level 2 response)
- 4 Close the Note of Concern if no further action is deemed necessary following Item 3 above

# 6 Right of Appeal

A student has the right to appeal the decision of the Registrar directing the student to take leave of absence from study for an agreed period, as the outcome reached following a Fitness to Continue in Study Panel Review.

The appeal is made to the Chairperson of Academic Council, c/o the Office of the President.

An appellant must cite grounds, which can be either or both

a) A failure to implement the process described fairly or accurately
 OR

b) Relevant information was not considered by the decision-maker

See Appendix 6 and Appendix 7 for details.

# 7 Return to Study following a Period of Withdrawal

A student who withdraws/suspends their studies voluntarily or is directed to suspend their studies, on grounds of fitness, shall be entitled to apply to re-register to re-commence their studies at the end of the agreed period of absence.

In such circumstances, advice on the timing and conditions of return to study will be determined by the relevant Faculty, in consultation with the multi-disciplinary team which is composed of persons qualified to advise on the particular context, subject to:

- The availability of the relevant Programme and its requirements
- The student having met any other conditions set

If the module or course is not running at the time, the relevant Faculty will provide guidance about the recommencement of the module/course/programme, or alternative modules. Return to Study procedures shall apply (see Appendix 8).

# 8 Record Keeping, Data Protection, Confidentiality

It is good practice for staff to keep brief notes of any interactions with students where there has been guidance or decisions in relation to personal issues, and to inform the student that you are making a record of the encounter. This should apply in particular for students causing concern.

The record should be written and dated as soon as possible after the interaction with the student. In addition to names and dates, it should state the nature of the interaction and any action taken or advice given. If appropriate, it should also state whether or not the student gave consent for further action. Normally a copy should be provided to the student.

Confidentiality and security of notes should be maintained in accordance with the principles of the General Data Protection Regulation (GDPR) (Regulation (EU) 2016/679) as amended. Any records held by respective departments/unit should be kept for a minimum period of five years and then destroyed. All records are subject to the Freedom of Information Acts.

Once a Level 1, 2 or 3 Response of these procedures have been invoked, a Note of Concern (Appendix 2) must be raised and retained by the Heads of Department/Head of Faculty or the Registrar, as appropriate. In addition to the Note of Concern, for Levels 2 and 3 responses, a written record of all multi-disciplinary case review meetings and Fitness to Continue in Study Panel Review meetings shall be raised and retained by the Registrar.

# Appendix 1 Examples of Circumstances of Concern as to a Student's Fitness to Study

The following are examples of such circumstances where there may be concern as to a student's support needs and fitness to continue in study. This list is not exhaustive. Each circumstance should be considered on its own merits.

- The student recognises that there is an issue of concern and discloses this to a member of the Institute staff
- Third party reports of concern are disclosed. For example these third parties may be family members, classmates, flatmates, student support services staff, lecturers or other Institute staff, work or research placement supervisors or even on occasions, members of the public.
- The concerns may be around a student's:
  - Wellbeing, appearance, social-withdrawal, mood, physical health or welfare
  - Unexplained deterioration in academic performance
  - Behaviour which is very unusual or inappropriate
  - Behaviour putting themselves or anyone else at risk
  - Behaviour which is significantly distressing to others
  - Behaviour which is impacting significantly on the learning, working or living experience of others

The word 'behaviour' is intended to include behaviour which is face-to-face and in public as well as expressed written or on-line communications in print or via social media, text messaging or other electronic means. All behaviour which appears to be a breach of the student regulations, may be considered under the various regulations and as a disciplinary matter.

# **Appendix 2 Note of Concern**

# **Fitness to Study Procedures**



**Note of Concern** What Level of the procedure is being invoked at this time? Please tick as relevant Level 1 Level 2 Level 3 Note of Concern as to the Student's Support Needs and/or Fitness to Continue in Study **Student Name Student Number Address Date of Birth** Gender **Mobile Phone Number Email Address Concern Raised By** Relationship to the **Student** (role/context) **Brief Factual Description of the Concern** Specific examples/observations are particularly helpful Comments/Observations of Academic/Admin / Support Staff/Others Record observations, with specific examples where available, of staff/others, other than the person who first reported concern. This can include observations/comments made by appropriate professional support services/academic mentors/welfare staff

Student Comments/Observations	
The student should be invited to record his/her comments/observations on the concerns and the support	
plan/follow-up arrangements.	
Agreed Action Points	
Agreed Action Plan	
This may include details of any supports recommended/arranged, as well as agreed outcomes that are	
desirable and limits of acceptable interactions/behaviour, where appropriate.	
Review Date	
Important – Financial Implications	
If Leave of Absence or Withdrawal is being considered, it is important to consider all possible	
financial implications of a leave of absence or withdrawal from your degree programme. There	
may be financial implications for your registration/tuition fees or grant if or when you return to	
third level at a later date. Further detailed advice can be obtained from the Office of Academic	
Affairs.	
Declaration	
I understand the nature of the concern(s) raised by the Institute, as has been explained to me and	
outlined in this document and the possible impact/consequences that this/these concern(s) may	
have upon my own fitness to continue in study.	
I also understand the impact that this/these concern(s) may have upon the community of fellow	

students and staff who are working and studying at the Institute and to which I belong.

I have agreed to work towards the action plan outlined above, which has been developed to support me. I understand that if I am unable or unwilling to carry out the action plan, the

Institute will need to consider taking appropriate or remedial actions, or referral as my situation will require.

I understand and consent to information surrounding my fitness to continue in study being shared with other relevant services within the Institute. A copy of this Action Plan will therefore be submitted to the Head of Department/Faculty and/or Registrar and (insert other specific) and other staff as deemed appropriate

I am aware that this Note of Concern will be retained by any relevant unit of Student Services, such as the Access Service, the Student Health Centre, the Student Counselling Service.

While I understand that the Institute has a duty of care to provide reasonable supports to me, I am responsible for my own health, wellbeing and actions and it is my responsibility to be fit to continue in study

I agree to this case being reviewed (insert x days/weeks or months/time).

Student Signature	
Head of Department/ Faculty/Registrar Signature	
Date	

# Appendix 3 Level 2 Response: Multidisciplinary Case Review

#### **Purpose**

A multi-disciplinary case review meeting shall be convened by the Registrar in consultation with the Head of Department/Faculty once a Level 2 Response is invoked under this Fitness to Continue in Study Procedure. The purpose of this meeting is to:

- Consider the concerns noted
- Obtain the views of relevant parties including the student
- Formulate an agreed support and follow up plan
- Support a student who wishes to withdraw voluntarily/take leave of absence on grounds of fitness
- Provide information to allow the Registrar determine if escalation to a Level 3 Response is required

#### Attendees at/Submissions to the Multidisciplinary Case Review

The decision as to who should attend or who should submit material to a multidisciplinary case review meeting will be made by the Registrar, in consultation with the HoD/HoF, on a case by case basis.

The Chair will be the Registrar or their nominee.

Other attendees are drawn from:

Heads of Department/Head of Faculty or nominee	Attendance Required
The student – it is in the student's interest to attend at least a	Attendance Desirable
portion of any case review meeting and attendance should be	
encouraged. A case review meeting can proceed without the	
student if the student is unwilling or unavailable to attend	
The student may be accompanied by a friend/family member/or	Attendance Desirable
student representative to provide support	
In circumstances where the student opts not to request a	Attendance Desirable
friend/other to attend, the student may opt to request that one	
of two named officers of the Institute (one male, one female)	
provides advice and attends the meeting to assist and advise	
them. These officers to be nominated by the Registrar	
A student with a disability also has the right to be accompanied	Attendance Desirable
by a support worker, as appropriate to their needs	
Individual(s) who reported the concern, as per the Note of	Attendance Desirable
Concern	
Members of IADT staff from other student services, eg Student	Attendance Desirable
Health Centre, Student Counselling Service, relevant Access	
Office staff	

Students' Union Welfare Officer	Attendance Desirable
Others. Occasionally external expertise or advice may be required	Attendance as needed
Recording Secretary for the Case Review	Provided by the Office of the Registrar

- In circumstances where any of the named above as Attendance Desirable or As Needed are not
  in a position/willing to attend, the Case Review Meeting will invite, accept, and consider a
  written submission in-lieu of attendance.
- The Chair shall reserve the right to determine if any parts of the meeting or material submitted are reserved business, and to be considered only by those deemed as Attendance Required, above

#### Conducting a Multidisciplinary Team (MDT) Case Review

The student will normally be effectively informed at least 48 hours prior to the meeting of the date, time and place of the meeting and the nature of the concerns to be addressed.

The student should also be furnished with any documents that will be referred to in the meeting to include the Note of Concern.

The Multidisciplinary Team Case Review Meeting is an opportunity to develop a co-ordinated response that best meets the reasonable support needs of students. As the convening of, and attendance at, a Multidisciplinary Case Review Panel can be a source of stress for staff, and particularly so for the student involved, it is important that the language used and the tone of communications before, during and after the Review meeting takes account of the possibility of this stress for all concerned.

As indicated in Section 3 of the procedure, the outcomes possible from a Multidisciplinary Case Review are:

a) Close the Note of Concern if no further action is deemed necessary following 3 above

#### OR

b) Support a student who wishes to voluntarily withdraw/take leave of absence from studies on grounds of fitness at this stage without the need to proceed to a Level 3 Response. It is intended that **all** students who voluntarily withdraw or take leave of absence from IADT on grounds of fitness should have been considered under a level 2 response of this Procedure.

#### OR

c) Escalate and request that Level 3 Response be invoked because of concerns that the student's Fitness to Continue in Study needs to be formally considered and determined.

It is highly desirable that a plan to support and monitor the student is agreed with the student, and signed off as agreed by both the student and the Registrar.

A formal note of the case review meeting is taken and held by the Registrar (see <u>Appendix 2</u>). This Note of Concern is to be shared with the Head of Faculty, and Head of Department and others as deemed appropriate by the Registrar.

The Note of Concern and a copy of the outcome should be furnished to the student as soon as reasonably practicable.

The effectiveness of the measures taken are then reviewed at a follow-up Multidisciplinary Case Review meeting, the time interval and date to be set by the Registrar.

In the event of:

The student is unable or unwilling to commit to an agreed plan

#### OR

The student is unwilling to allow sharing of the agreed plan with the Heads of Department/Head
of Faculty

#### OR

There is a sufficient level of concern at the first Multi-disciplinary Case Review meeting

#### OR

 The concerns persist/are not remitted sufficiently at a subsequent Multidisciplinary Case Review meeting;

the Registrar shall invoke a Level 3 response and convene a Fitness to Continue in Study Panel.

# Appendix 4 Level 3 Response: Fitness to Continue in Study Panel Review

#### **Purpose**

A Level 3 Response shall be invoked by the Registrar, in consultation with the Heads of Department/Head of Faculty, and result in the convening of a Fitness to Continue in Study Panel Review to determine a student's fitness to continue in study.

#### Membership of a Fitness to Continue in Study Panel

The Fitness to Continue in Study Panel shall be convened as and when necessary by the Registrar. The panel shall be constituted as follows:

- The Registrar (Chair)
- The Heads of Department/Head of Faculty
- The SU President or nominee
- Other relevant individuals in relation to the particular case, as agreed by the Registrar

#### **Conducting a Fitness to Continue in Study Panel Review**

The student will normally be effectively informed, in writing, at least 48 hours prior to the meeting of the date, time and place of the meeting and the nature of the concerns to be addressed. The student should also be furnished with any documents that will be referred to in the meeting to include the Note of Concern or any existing active Notes of Concern. The convening of and attendance at a Fitness to Continue in Study Panel Review may be a source of stress for staff and particularly so for the student involved. It is important that the language used and the tone of communications before, during and after the Fitness to Continue in Study Panel Review takes account of the possibility of this stress for all concerned. The Fitness to Continue in Study Panel shall consider existing active Notes of Concern, (or raise a New Note of Concern if none exists), and amend or record the Note raised to show it as a Level 3 Note of Concern. (See Appendix Two.)

It is in the student's interest to attend at least a portion of any Fitness to Study Panel Review and attendance should be strongly encouraged. The student may be accompanied by one other person to provide support. A student with a disability also has the right to be accompanied by a support worker as appropriate to their needs. A Fitness to Study Panel Review can proceed without the student if the student is unwilling or unavailable to attend.

The Fitness to Continue in Study Panel shall consider relevant submissions and records already existing from earlier Level 1 or Level 2 responses relating to the Student. It shall also consider submissions from the student, when available. Expert, independent opinion may be sought from suitably qualified professionals, who do not have a therapeutic conflict of interest. In most cases this opinion should be sought from a Consultant Occupational Health Physician or independent Consultant Psychiatrist of the Institute's choosing. The Fitness to Continue in Study Panel is not

obliged to accept the recommendations of external experts, and the final decision as to a student's fitness to continue in study is made by the Fitness to Continue in Study Review Panel.

A simple majority applies if the members of the Panel cannot reach a unanimous decision. As stated in section 4 of the procedure the outcomes possible following a Fitness to Continue in Study Panel Review are:

a) The Registrar requires the student to suspend their studies for an agreed period and until any other conditions for return are met

#### OR

b) The Student is Fit to Continue in Study subject to an action plan (as per Level 2 response)

A copy of any outcome reached shall be sent to the student as soon as reasonably practicable.

# **Appendix 5 Temporary Suspension**

Where it appears in the opinion of the Registrar that there are grounds for concerns about a student's Fitness to Continue in Study, then he/she, having sought such advice as he/she deems appropriate, shall be entitled to suspend a student on the following basis:

- 1 That suspension is temporary and necessary to protect the Institute community and that on balance, the Registrar is of a view that the duty of care owed to others is overriding in the particular circumstances.
- 2 A suspension may be verbal and to take effect as the Registrar deems appropriate and shall be confirmed in writing as soon as is practicable.
- 3 That any such suspension is reviewed by the Registrar, in consultation with any appropriate parties, at least fortnightly thereafter. The Registrar will ensure that all concerned parties are kept informed of the duration of the temporary suspension.
- 4 That suspension shall not be regarded as an indication as to whether or not the grounds for concern is proven.
- 5 That suspension may be limited to certain premises, placements or Institute activities or modules of studies or an entire programme of study
- That every reasonable effort is made to continue to support the student's academic studies so that, in so far as possible, the student is not disadvantaged academically. In the case of suspension due to mental health, continuation of support for the student's academic studies during the temporary suspension may not be possible.
- 7 That suspension shall be for no longer than the time necessary for a matter to have been considered and decided upon under this Fitness to Continue in Study policy or for an appeal to have been heard and decided upon.
- 8 In cases of suspension due to mental health issues, the suspension may be for a longer period and in such cases should be reviewed by the Registrar in consultation with the appropriate parties and all concerned parties should be kept informed.
- 9 That this power shall be exercised with caution and with due regard to natural justice and fair procedures.
- 10 That the Registrar shall be accountable to the Academic Council and President in respect of the exercise of his/her power of suspension.
- 11 Where the Registrar exercises the power of suspension, he/she shall, as soon as practicable, notify the HoD and/or Head of Faculty and shall call a meeting of the Fitness to Continue in Study Panel Review soon as practicable from the date of the suspension.

# **Appendix 6 Constitution of Appeals Committee**

- 1 The Academic Council shall establish a Fitness to Continue in Study Appeals Committee to consider any appeals arising from a decision of a Fitness to Continue in Study Review Panel.
- 2 The Appeal Committee shall comprise of five members who shall be nominees of the Academic Council (but not necessarily members of the Academic Council).
- 3 The panel shall include persons with both a teaching remit and a student support remit.
- 4 The quorum of the Appeal Committee for any meeting or hearing shall be 3 members.
- 5 The Appeal Committee shall hold office for a period of 3 years.
- 6 No member of the specific Fitness to Continue in Study Review Panel shall be a member of the specific Fitness to Continue in Study Appeals Committee.
- 7 No member of the Appeals Committee shall be involved in teaching a student subject to the Fitness to Continue in Study Appeal.

# **Appendix 7 Appeals**

- 1 A student may appeal the decision of the Registrar directing the student to take leave of absence from study for an agreed period, (as the outcome reached following a Fitness to Continue in Study Panel Review.)
- 2 Such appeals must in writing and lodged with the Chair of the Fitness to Continue in Study Appeals Committee within 5 working days from the date of the communication of a decision notification by the Fitness to Continue in Study Review Panel to the student. The appeal must state in sufficient detail the grounds of the appeal.
- Where an Appeal is made in accordance with the above, then the decision which was made by the Fitness to Continue in Study Review Panel shall be deferred until the Appeal is determined. The student shall be permitted to continue in study pending outcome of the appeal and during this period of deferral. This provision for deferral does not apply in relation to a temporary suspension where in the opinion of the Registrar that suspension is, on balance, necessary, to protect the public and the duty of care owed to others is overriding in the particular circumstances.
- 4 On receipt of an Appeal, the Chair of the Appeals Committee shall as soon as practicable send notice of the Appeal to the Appeal Committee and to Fitness to Continue in Study Review Panel and request the Panel furnish to the Appeal Committee an accurate summary of the evidence and any submission tendered at the Panel review, including Notes of Concern from preceding Level 1 or Level 2 responses, the findings of the Fitness to Continue in Study Review Panel and the outcomes imposed on the student. The Chairperson of the Fitness to Continue in Study Review Panel, or his or her nominee, shall give this to the Appeals Committee so far as is practicable within ten (10) days of being so requested by the Chair of the Appeals Committee.
- 5 The Appeals Committee will, at its absolute discretion, consider the Appeal in such a manner it deems appropriate to the circumstances of the case, having regard to fairness and due process.
- The Appeals Committee shall not be obliged to hear or accept further submissions from the student, whether written or oral, but if it decides to do so, the student must be notified in writing and that notification must specify the date, time and location for the making of any oral submission or the date for the delivery of written submissions which date, in either case, must not, except in exceptional circumstances, be earlier than ten (10) days or more than thirty (30) days from the date of such notification, unless stated otherwise.
- 7 The Appeals Committee shall have the power, should it see fit, to hold a fresh hearing into the matter.
- 8 The Appeals Committee shall determine the Appeal, and make whatever decision it considers appropriate in the circumstances on the balance of probabilities. The Appeals Committee shall have power to uphold, revoke or amend the decision of the Fitness to Continue in Study Review

Panel in full or part. The Appeal Committee may direct the Fitness to Continue in Study Review Panel to reconsider the position further.

9 The decision of the Appeals Committee shall be final and binding and shall be reported to the Registrar as Secretary of Academic Council.

# **Appendix 8 Return to Study Procedures**

Not less than two (2) months prior to the end of the agreed period of absence, the student will be issued with a letter of re-engagement by the relevant Faulty and the Academic Administration and Student Affairs Manager will be forwarded a copy of this letter. This letter may include conditions of re-engagement as defined by the Faculty.

It is recommended that students returning after a leave of absence contact their Faculty as soon as possible upon receipt of the letter of re-engagement, to discuss the implications of returning to study, and, if necessary, ensure that any support is in place before recommencing their studies.

Failure on the part of the student to respond may lead to termination of studies.

The Head of the Faculty and/or the Registrar may require any returning students to attend for medical examination at a medical practitioner of the Institute's choosing and the student will only be allowed to return on the production of a report from such designated medical practitioner that the student is fully fit to return.

Students who were required to take leave of absence following a prior Level 3 response and a Fitness to Continue in Study Panel Review, are required to attend a Multidisciplinary Case Review Meeting no later than 4 weeks following their re-registration on return to study. This Multidisciplinary Case Review meeting shall be convened by the Registrar as described under Level 2 Response (Appendix 3).

Students who **voluntarily withdrew/took leave of absence** on grounds of fitness at a prior Level 2 response, shall be encouraged to attend a face-to-face meeting with the Registrar or his/her delegate to consider any ongoing concerns, and ongoing support needs.

# **Appendix 9 Useful Resources**

*UCC MINDS* DVDs: Available in the IADT Library. These are very useful twin DVDs have been developed by the UCC Student Counselling and Development Department and are designed to help third level institutions identify and respond to stressed and at risk students. They contain many useful examples of ways to communicate more effectively with distressed and at risk students.

Name of Policy/Procedure/Charter/Handbook	Location
Student Handbooks	http://www.iadt.ie/en/CurrentStudents/StudentHandbook/
Quality Assurance Manual	http://www.iadt.ie/en/InformationAbout/IADTQua lityManual/
Plagiarism, Policy and Procedures	http://www.iadt.ie/en/InformationAbout/Teaching andLearning/PlagiarismPolicy/
Learner Charter	http://www.iadt.ie/en/CurrentStudents/StudentHandbook/
Postgraduate Student Handbook	http://www.iadt.ie/en/CurrentStudents/StudentHandbook/
Procedures and Guidelines for Research Degrees	http://www.iadt.ie/en/Downloads/Thefile,3792,en .pdf
Equal Access, Participation and Lifelong Learning Policy	http://www.iadt.ie/en/InformationAbout/AccessSocialInclusion/AccessPolicy/
Examination Procedures (Some of the content of this document relates to internal and external examiner procedures and administrative procedures, and some to matters more immediately affecting students. It is produced in full for completeness.)	http://www.iadt.ie/en/Downloads/Thefile,3789,en .pdf
Learning, Teaching and Assessment Strategy	http://www.iadt.ie/en/InformationAbout/Teaching andLearning/LearningTeachingandAssessmentStrat egy/
RPL Procedures	http://www.iadt.ie/en/ProspectiveStudents/Howt oApply/RecognitionofPriorLearningRPL/
Student Complaints Policy and Procedures	http://www.iadt.ie/en/Downloads/Thefile,3364,en .pdf
Ethics Policy	http://www.iadt.ie/en/Downloads/Thefile,3788,enpdf

Name of Policy/Procedure/Charter/Handbook	Location
Acceptable / Appropriate Use of ICT Policy	http://www.iadt.ie/en/InformationServices/PoliciesProcedures/
General Institute Regulations 1	http://www.iadt.ie/en/CurrentStudents/ExamsAss essment/GeneralRegulations/
General Institute Regulations & Fire Prevention	http://www.iadt.ie/en/Downloads/Thefile,2708,en .pdf
Assessment Appeals Policy and Procedures	http://www.iadt.ie/en/CurrentStudents/ExamsAss essment/Appeals/
Safety Statement	http://www.iadt.ie/en/InformationAbout/Corporate/ e/HealthSafety/Thefile,1014,en.pdf
Mutual Respect Policy	http://www.iadt.ie/en/Staff/HumanResourcesOffic e/EmployeeGuidetoHRPoliciesandProcedures/
Withdrawal/deferral	http://www.iadt.ie/en/CurrentStudents/ExamsAss essment/LeaveofAbsenceWithdrawalsandDeferral/
Student Discipline Procedure	http://www.iadt.ie/en/studentdisciplineprocedure
General Complaints Procedures	http://www.iadt.ie/en/Downloads/Thefile,1933,en .pdf
Reasonable Accommodation Policy	http://www.iadt.ie/en/Downloads/Thefile,3572,en .pdf

# Appendix 10 Actions advised in helping a Student in Distress or **Crisis**

#### Concerned about wellbeing of student? Life Threatening Emergency E.g. Suspected Overdose Request Ambulance 999 or 112 Inform IADT Security Non Urgent/Non Emergency 239 Withdrawn, low in mood, tearful **Inform Student Health** or unduly anxious or has a sudden E.g. Student Violent/Armed deterioration in academic performance Urgent/Emergency Does not display features If the student is or appears Aggressive/Threatening (seek help from IADT Emergency 239 4999 and/or Gardaí on 999/112) Suicidal/ wishing they were dead Threatening self harm Explain your concerns to Expressing inappropriate thoughts or student ideas Assuring confidentiality here prior to activating Fitness to Study Policy is unwise due to the fact that the information If possible consult colleague, try not to disclosed by the student will need to be shared with the Explain concern to student (unless you various parties involved in the believe this will inflame the situation) Policy. This should be

explained to the Student

Advise student to contact

own GP.

Arrange follow up

appointment

Student Counselling Service,

If a student does not follow

your advice, his/her wishes

should be respected. No

Student Health Centre, or their

- Seek consent to contact Student Counselling Service and Student Health Centre, or Student's own GP or Psychiatrist
- If consent withheld consider contacting
- Arrange an urgent appointment with one of the professional services listed above
- Consider accompanying student to appointment.
- Consider A+E/DLDoc if other services unavailable or closed