

IADT Student Mental Health and Wellbeing Policy

Document Reference and Version Number	SMHP22/V1.1 September 2023
Purpose	This Mental Health and Wellbeing Policy has been developed to ensure that IADT is responsive to the mental health needs of all of its students, and in particular to students who are experiencing a period of mental distress or a mental illness.
Policy Author	Student Experience Manager / Office of the Registrar
Policy Owner	Office of Registrar
Intended Audience	All Staff and Students
Approved by Academic Council	16 October 2023
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Related Documents	<ul style="list-style-type: none"> • Supplementary Information Sheet • Refer to Section 5.3 for list of Relevant IADT Policies and Procedures
Related Forms	<ul style="list-style-type: none"> • N/A

Document Version History

Previous Version	Notes	Replaced by
IADT Student Mental Health Policy, V1, 2022 SMHP22/V1.0	Updated title of the Policy from Student Mental Health Policy to Student Mental Health and Wellbeing Policy Rephrasing to better reflect how IADT acts upon safeguarding student’s mental health, and updated some very small details on mentioned documents to be read in conjunction with it. Some formatting updating to document.	IADT Student Mental Health and Wellbeing Policy, V1.1, 2023 SMHP22/V1.1

IADT Support Services

The following are the contact details, operating hours and locations of services which may be of assistance to students and staff in dealing with students in distress. Please see the **IADT Student Services** webpage for up-to-date contact details.

Student Counselling Service

Location: C006b in Carriglea building
Phone: (01) 239 4650
Email: studentcounselling@iadt.ie
Hours: 9 a.m.-1pm; 2.pm-5p.m. Mon-Fri

Student Health Centre

Location: Student Health centre. Ground Floor of Atrium Building.
Phone: (01) 239 4760
Email: studenthealth@iadt.ie
Hours: Mon - Thurs 9-5pm and Fri 9-3pm

Disability Support Service

Phone: (01) 239 4895
Email: disability@iadt.ie
Hours: Monday to Friday 9 to 5pm

Erasmus and International Office

E-mail: erasmus@iadt.ie
Location: Room M102 (Media Cube)

Students' Union Welfare & Equality Officer

The SU Welfare officer deals with all student needs, concerns and queries regarding mental, emotional and physical wellbeing of the student body.

Location: Students' Union Office, the Chapel, the Quadrangle building
Email: welfareiadt@gmail.com

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1. Aims, Objectives, Ownership, and Scope of this Policy

1.1 Aim of this Mental Health and Wellbeing Policy

The aim of this Mental Health and Wellbeing Policy is to ensure that Dún Laoghaire Institute of Art, Design and Technology (IADT) is responsive to the mental health needs of all of its students, and in particular to students who are experiencing a period of mental distress or a mental illness.

1.2 Objectives of this Mental Health and Wellbeing Policy

The policy seeks to establish a coherent framework and set of procedures to assist the promotion of the mental well-being of students attending IADT. It provides guidance to staff in supporting the mental well-being of all students in the Institute as well as responding to students who are experiencing acute mental health illness or distress.

1.3 Ownership of this Mental Health and Wellbeing Policy

The Registrar is ultimately responsible for the implementation of the aims and objectives of this policy, as outlined above, on behalf of IADT. They are also responsible for the evaluation of the operation of the policy and for conducting a formal review every five years.

1.4 Scope of this Mental Health and Wellbeing Policy

This policy is intended for the benefit of registered students of IADT and provides guidance to staff as to how IADT is responsive to the needs of students in mental distress or experiencing a mental illness in the college.

Outside Scope:

This policy is not intended to cover other related areas

- 1) Skills development for students to help build resilience
- 2) Policies and practices which promote health and wellbeing
- 3) Psychosocial/physical/virtual environments to promote wellbeing

The Mental Health Act 2001 has particular implications for individuals with significant mental health difficulties, including involuntary admission to psychiatric facilities.

1.5 IADT's commitment in the area of mental health and wellbeing

IADT aims to provide an environment which is supportive of mental health and wellbeing and in which mental health difficulties are openly acknowledged and not stigmatised.

IADT acknowledges its responsibility to ensure that its policies and procedures are responsive to the needs of students in mental distress or experiencing a mental illness. The primary responsibility for the provision of community mental health services lies with the Health Service Executive (HSE).

IADT commits to provide a supportive environment and to develop services complementary to the services provided in the community.

IADT therefore commits to:

- Encourage students with mental health difficulties to actively seek support. This includes without limitation students of all ethnic, socio-economic, age, disability, gender, religious and sexual identities/statuses.
- Provide accessible information about the resources and support available to registered students and those intending to study at IADT.
- Provide a range of support services, including Student Counselling, Student Health Centre, Disability and Assistive Technology Support Services, Access Office, Student Learning Centre, Careers Centre and the Students' Union
- Maintain appropriate contact between the Institute and relevant external agencies that offer support for individuals with mental health difficulties.
- Provide referral to relevant external agencies where appropriate
- Provide education and training for staff as to how to respond to students in distress
- Consider the potential impact of its academic and non-academic policies and procedures on the mental health of its students
- Promote an environment in which mental health difficulties are openly acknowledged and not stigmatised
- Challenge any discrimination directed at students who may be experiencing mental health difficulties.
- Promote a healthy lifestyle and raise awareness of the harmful consequences of gambling, drug and alcohol use and misuse and internet and social media use and misuse.

2 Administrative Policies and Procedures

IADT sets out a vision for a whole institution approach to creating an academic environment that enables all students to flourish; where individuals are able to realise their own potential, cope with the normal stresses of life, work productively and fruitfully, and make a contribution to the IADT community. The institute aims to have a cohort of students who are adaptable, independent and 'world-ready' individuals who are empowered with the knowledge, skills and resources to thrive at college and beyond. All of IADT's Policies can be found on the **IADT Policies + Procedures** webpage.

IADT is committed to a policy of equal opportunity and welcomes applications from students with disabilities, including those with mental health difficulties. The college makes every effort, where possible, to facilitate the access and participation of students with mental health difficulties in all aspects of college life. Furthermore, IADT is dedicated to the creation

of an environment in which the stigma surrounding mental health can be reduced. In this environment, students experiencing mental health difficulties will be enabled to access the appropriate supports at the earliest juncture.

The college uses the definition of disability as defined in the Disability Act 2005: “‘disability’, in relation to a person, means a substantial restriction in the capacity of the person to carry on a profession, business or occupation in the State or to participate in social or cultural life in the State by reason of an enduring physical, sensory, mental health or intellectual impairment”.

2.1 Admissions to IADT

Students with mental health difficulties may gain entry to IADT through the Standard CAO Process or through the CAO Alternative Admissions Schemes. Most students who register with the disability support services enter IADT via the Standard CAO Process.

IADT is part of the DARE (Disability Access Route to Education) national admissions scheme which can allocate reduced points places to eligible school leavers under 23 years old with a disability. This includes students with Mental Health difficulties.

Students who do not enter through the CAO (e.g. postgraduates, part-time students, mature students) are also supported by the Disability Support Service, however only those with proof of medical evidence from a consultant can avail of supports such as note takers, access to assistive technology or exam accommodations. Students with mental health difficulties may register with the Access and Disability Support Service at any time during their academic years to avail of the necessary supports.

For further information see the **Access Transfer and Progression Policy** on the Student Policies section of the IADT Policies + Procedures webpage.

2.2 Fitness to Study

The primary purpose of having a Fitness to Study policy is to support students in a positive manner, by identifying concerns and putting in place actions and supports, where possible, to help the student continue in college.

The Fitness to Study Policy responds to the student’s discipline, health, mental health and/or fitness to study.

For further information please see the **Procedure to Support & Determine a Student’s Fitness to Continue in Study** document on the Academic Quality section of the IADT Policies + Procedures webpage.

2.3 Supporting the Educational Impact of Students with Mental Health Difficulties

The Disability Support Service aims to promote inclusion, advocacy, and active participation in college life.

The service provides equal access to education for IADT students with a range of disabilities and mental health conditions.

The Disability Support Service is informed by research and grounded in Psychology. The service supports students by designing individualised, goal-orientated programmes that target areas the student wishes to improve upon.

For further information please see the **IADT Disability Support Service** webpage.

2.4 Alternative Examination Arrangements

The Access Office aims to support the participation of non-typical students at IADT, and to promote a teaching and learning environment suitable for diverse learners. It adheres to the IADT Policy, Procedures & Guidelines for the **Granting of Reasonable Accommodations in Examinations to Students with Disabilities**, including mental health difficulties. This can be found on the Academic Quality section of the IADT Policies + Procedures webpage.

The Institute is committed to ensuring that as far as possible and within the framework of current legislative requirements, students with disabilities have equality of access to, and participation in, all examination and assessment procedures. This includes end of year examinations and any other examinations that contribute to module or course results. The Institute is committed to ensuring that students with disabilities will be enabled to demonstrate their knowledge and competency on an equal footing with their peers.

Ultimate responsibility for ensuring equity of access in examinations and assessments lies with the Institute, although a number of administrative units and academic departments may be involved in coordinating reasonable accommodations.

The definition of disability is encompassed by the Equal Status Acts 2000-2018 (as amended from time to time). Reasonable accommodation is applicable only to those students with a permanent or long-term disability, that is, a disability that is likely to last longer than one year.

For further information, see the following policies on the Academic Quality section of the IADT Policies + Procedures webpage:

- **Policy and Strategy for Participation, Equal Access and Lifelong Learning**
- **Learning, Teaching and Assessment Strategy**

2.5 Deferring Academic Work & Exams

It is recognised that in exceptional circumstances it may be necessary for a registered student to take time away (leave of absence) from IADT or defer some or all of their assessments during an academic year.

In exceptional cases, a student may not be able to complete a module(s)/assessment(s) because of family, personal or health reasons and may wish to have their repeat sitting considered as a first attempt. If this is the case, the student should seek advice from their programme co-ordinator, head of department, or student support staff. Requests for deferral of a module must be submitted well in advance of the final assessment for the module. It is recognised that a student may be unable to sit an examination or complete a final assessment due to unforeseen or unpreventable circumstances.

For further information, see the **IADT Deferrals Procedure** on the Academic Quality section of the IADT Policies + Procedures webpage.

3 Mental Health and Disciplinary Procedures

IADT offers quality programmes and services within an environment based on mutual respect and support. All students are expected to act responsibly at all times, to abide by the regulations of IADT and not to engage in any activity which has the potential to cause harm or injury to any party or bring the good name of IADT into disrepute.

All students are subject to IADT's student regulations and **Learner Charter**, and the rights of an individual with a mental health difficulty or illness must be balanced with the right of all members of the Institute to study and work in a safe and productive environment (see the **Student Handbook** for institute rules and regulations). The impact of disruption on students and staff can result in increased anxiety and therefore fair procedures must be invoked to address these matters effectively. The policy and procedures for dealing with student disciplinary issues at the Institute are outlined in the **IADT Student Disciplinary Procedures Policy**, which can be found on the Student Policies section of the IADT Policies + Procedures webpage. A small percentage of students with a mental health difficulty may behave inappropriately as a result of their mental health difficulty, and care should be taken to ensure that disciplinary procedures do not result in inappropriate action against a student with a mental health difficulty or illness without making all possible efforts to involve specialist psychiatric support.

In the event that a student who is subject to disciplinary proceedings applies for mitigation based on mental health grounds, or if the Disciplinary Committee in dealing with a disciplinary case is of the opinion that a student may have a mental health difficulty or is mentally ill and:

- their mental health difficulties may be preventing them from understanding the disciplinary process and representing their case/situation effectively

and/or

- their mental health difficulties may be the cause of the actions which have led to the disciplinary proceedings

then consideration should be given to suspending the disciplinary procedures.

This provision aims to offer the student an opportunity to receive the appropriate treatment and to allow the Institute to obtain a Consultant Psychiatrist's opinion as to the student's condition. If a student chooses not to engage in treatment or refuses to attend for psychiatric assessment, the disciplinary process will continue.

For further information, see the **IADT Student Disciplinary Procedures Policy**, on the Student Policies section of the IADT Policies + Procedures webpage.

4 Communications and GDPR

The General Data Protection Regulation (GDPR) has been in force since 25 May 2018. IADT holds and processes personal data about many different types of people such as its students and alumni for example.

The GDPR brings new and enhanced rights for individuals (data subjects) whose data is processed in IADT. Individuals have the right to know what IADT does with their personal data. This information is provided in Privacy notices/statements.

4.1 How information is collected

Personal data and special category personal data held by the Institute relating to students is obtained directly from the student or applicant, or in some cases, from a third-party organisation that has obtained the information in the first instance (for example, the Central Applications Office (CAO) and Student Universal Support Ireland (SUSI)). Personal data may be collected in a number of ways as follows: directly from information you provide to us expressing an interest in becoming a student and/or through the application or registration process, directly from the Central Applications Office (CAO) which processes applications for undergraduate courses in Irish Higher Education Institutions, or directly from Student Universal Support in Ireland (SUSI) in relation to grant awards.

For further information, see the **Rights and Entitlements** section of IADT's GDPR webpage.

4.2 Privacy Statement

IADT's privacy notice explains how the Institute collects, uses and shares your personal data and details your rights in relation to the personal data we hold. Please see the **Student Data - Privacy Notice** on IADT's GDPR webpage.

The Student Health Centre is guided by a code of ethics from both the Irish Medical Council and the Irish Nursing and Midwifery Board and upholds the privacy principles of General Data Protection Regulations (GDPR). We acknowledge that a student's consent is the key component of processing the student's medical data and confidential information.

For further information see the **IADT Student Health** webpage.

The Counselling Service is guided by the **PSI Guidelines on Confidentiality & Record Keeping** and the **PSI Code of Ethics**. These documents and further information can be found at www.psychologicalsociety.ie.

For further information see the **IADT Student Counselling** webpage.

4.3 Confidentiality

Confidentiality is essential in encouraging students to seek help whenever appropriate. It is important therefore that students feel assured that any personal information they give a staff member will be treated with respect and discretion and in accordance with GDPR and the relevant professional governing bodies.

For further information, see **IADT's GDPR webpage**.

The Institute has a duty to safeguard your personal information. All dealings with individuals should be carried out in confidence and this is especially important to students who are experiencing mental health difficulties.

However, there may be circumstances in which it is necessary to breach confidentiality if the individual is thought to be a risk to themselves or to other people. It may be appropriate to inform an individual that confidentiality is not guaranteed. If there is a conflict in deciding the appropriate action to take the following applies:

- When there is a known or suspected risk to, or potential concern about, a child or children.
- When there is a known or suspected risk of harm to the student.
- When there is a known or suspected risk of harm to other individual(s) or property.

4.4 Guidelines for Disclosure of Information

Information regarding the mental wellbeing of a student is confidential and should only be divulged with the consent of the student.

If consent to disclose information is refused, information may be disclosed if any of the following circumstances occur:

- Where it is considered that there is a danger to the life or safety of the student or other person.
- Where crime and/or legality are of concern.
- Where information is requested for the purpose of safeguarding the security of the State by a member of An Garda Síochána of the rank of Chief Superintendent or higher, or by an officer of the Permanent Defence Force, designated by the Minister for Defence, and who holds the rank of Colonel or higher.
- Where it is a requirement of law, for example by a court or legislation.
- When procedures under the Mental Health Act 2001 are invoked, such as for the purpose of involuntary admission to a hospital.

Where a student does agree to personal information being disclosed, ensure if possible, the student is informed on:

- Who will be receiving the information?
- Why is the information being disclosed?
- What information is being disclosed?

Personal information should only be disclosed on a 'need to know' basis, with express consent from the student.

While it is appropriate to receive information about a student from external third parties, said parties should be made aware the student has a right to know the content and source of such information.

In the event of an external third party (e.g., a parent or spouse) expressing concern for a student, staff should direct the third party to contact the student directly to encourage contact with relevant services. If the safety of the student is a concern, staff should direct the third party to contact emergency services to report their concerns.

Issues relating to a student's mental health should not be discussed in public. Ensure that any discussion, whether in person or by telephone, is done in a discreet, sensitive, and private manner.

Personal identifiable health information should not usually be sent via email, or any other instant messaging platform unless protected, such as the HSE's Healthmail. This allows health care providers to send and receive clinical patient information in a secure manner.

4.5 Guidelines for Record Keeping

When a student engages with various departments within the institute around a mental health issue, each department adheres to specific professional and legal standards of accountability with regards to record keeping. The student should be informed that a record of an encounter is being kept. Staff should adhere to the **Student Privacy Policy on IADT's GDPR webpage**.

The record should be dated and written as soon as possible after the interaction with the student. It should state the nature of the interaction and any action taken or advice given. If appropriate, it should also state whether or not the student gave consent for further action. **The records stored are not for general access**. Records should be kept safely in line with GDPR and legal and professional requirements. Student Health and Counselling are guided by a code of ethics from the Irish Medical Organisation, the Irish Nursing and Midwifery Board and the Psychological Society of Ireland. Confidentiality and security of notes should be maintained in accordance with the principles of the General Data Protection Regulations 2018, the Data Protection Act 2018 (see: www.dataprotection.ie), and the Freedom of Information Act 2014 (see: www.foi.ie).

5. APPENDICES

5.1 Glossary of Terms and Definitions

For the purposes of this Policy, the following terms (which are used throughout this Policy) shall have the following meanings in the context of this Policy:

Term	Definition
Policy	This Student Mental Health and Wellbeing Policy
Staff	All full-time and part-time employees of the Institute, including research Staff funded externally
Student	A Student, either full-time, part-time or online, registered with IADT.
IADT	Institute of Art, Design and Technology, Dun Laoghaire, Dublin
Mental Health	Mental health is defined as a state of well-being in which every individual realizes their own potential, can cope with the normal stresses of life, can work productively, and is able to make a contribution to his or her community ¹
Mental Distress	The state of having troubling, unpleasant and distressing emotional experiences, but not persisting and enduring to the extent and for the duration experienced by a person with a Mental Illness
Mental Illness	A state of mind of a person which affects the person's thinking, perception, emotion or judgment and which may impair the mental function of the person to the extent that he or she requires care or medical treatment in his or her own interest or in the interest of other persons
Mental Health Difficulty	An umbrella term that includes Mental Distress and Mental Illness
Fitness to Practise	To describe a student as 'Fit to Practise' in the context of certain programmes is to say they possess the attributes considered necessary in an individual to allow that individual to practise as an independent practitioner in their relevant profession

¹ https://www.who.int/features/factfiles/mental_health/en/

5.2 Application of the Mental Health Act

Where a student develops a Mental Disorder (as defined in Section 3 of the [Mental Health Act 2001](#)), and is deemed to require in-patient treatment, they will be encouraged to receive treatment in a Psychiatric Unit or Hospital. IADT's professional staff involved with the student will facilitate a voluntary admission for such treatment.

Where a student develops a Mental Disorder (as defined in Section 3 of the Mental Health Act 2001) and where the student is deemed by a Registered Medical Practitioner/Doctor to require treatment for this disorder but is unable or unwilling to accept voluntary hospitalisation, the procedures of the Mental Health Act 2001 will be followed. The Act sets out regulations for the involuntary detention of persons to psychiatric hospitals.

Before an adult 18 years and over may be involuntarily detained, the Mental Health Act (2001) requires that:

- They are suffering from a “mental disorder” within the meaning of the Act.
- In addition, one of the following two conditions must also be met, as set out in section 3(1) of the Act, as follows:
 - a) because of the illness there is a serious likelihood of the person concerned causing immediate and serious harm to their self or to other persons;
 - b) or
 - i. because of the severity of the illness the judgement of the person concerned is so impaired that failure to admit the person to an approved centre would be likely to lead to a serious deterioration in his or her condition or would prevent the administration of appropriate treatment that could be given only by such admission, and
 - ii. the reception, detention and treatment of the person concerned in an approved centre would be likely to benefit or alleviate the condition of that person to a material extent.

The following are the steps undertaken under the Mental Health Act 2001 to detain a person aged 18 years and over. Any student less than 18 years of age and who is not, and has never been married, is treated as a child under the Mental Health Act 2001, and a different procedure applies- see at [Mental Health Act 2001](#).

Step 1: An Application is made on one of the statutory forms 1 or 4 (available from: [Statutory Forms under the Mental Health Act 2001 - MentalHealthCommission](#))

The application will be made* either by a spouse/relative, an HSE Authorised Officer, a member of An Garda Síochána, or a member of the Public.

Step 2: A Registered Medical Practitioner will assess the person within 24 hours of the receipt of the Application. This may be a Student Health Doctor, a GP or their locum tenens.

Step 3: If the Registered Medical Practitioner makes a recommendation that the person should be admitted to a Psychiatric Unit/Hospital under the Mental Health Act, 2001, arrangements will be made to transfer the person to an appropriate

Hospital.

*Note the applicant is almost always a member of the student's family. The involvement of another category of applicant may be needed in the event of unavailability of a family member, or when a family member does not agree to or wish to be an applicant.

References

<https://www.hse.ie/eng/services/list/4/mental-health-services/mental-health-law-and-rights/>

5.3 Relevant IADT Policies and Procedures

All of IADT's Policies can be found on the **IADT Policies + Procedures** webpage.

Access, transfer and progression at IADT	Provides an overview of access, transfer and progression policies and procedures in IADT
Alcohol, Drugs + Substance Abuse	Students at IADT are not permitted to bring / use / partake of alcohol or non-prescribed drugs on campus. Pg 77 of Student Handbook
Code of Practice for Students with Disabilities and Disclosure of Disability Form	IADT is committed to ensuring that students with a disability have complete and equitable access to all facets of IADT life as can reasonably be provided. IADT has adopted a Code of Practice which is applicable to all students with disabilities studying in IADT.
Critical Incident Procedures	This policy outlines IADT's response protocols to situations that may arise which can seriously disrupt and impact on the Institute's business.
Deferrals Policy and Procedures	It is recognised that in exceptional circumstances it may be necessary for a registered student to take time away (leave of absence) from IADT or defer some or all of their assessments during an academic year
Disciplinary Procedures	All students are expected to act responsibly at all times, to abide by the regulations of IADT and not to engage in any activity which has the potential to cause harm or injury to any party or bring the good name of IADT into disrepute.
Fitness to Continue in Study	Policy to Support and Determine a Student's Fitness to Continue in Study
General Data Protection Regulation (GDPR)	GDPR brings new and enhanced rights for individuals (data subjects) whose data is processed in IADT. Individuals have the right to know what IADT does with their personal data. This information is provided in Privacy notices/statements.
Granting of Reasonable Accommodations in Examinations to Students with Disabilities	To ensure fairness in assessment by providing an equitable examination process for all IADT students
Marks and Standards Policy	The purpose of this document is to define a fair and consistent marks and standards policy for the assessment of learners in the Institute of Art, Design & Technology, IADT.
Mutual Respect Policy	The aim of this Mutual Respect Policy is to indicate what constitutes harassment, sexual harassment and bullying and to clarify what action the Institute will take when responding to breaches of this policy
Policy on Gender Identity & Gender Expression	The purpose of this policy is to guide institutional action and to direct procedures that impact on gender identity and expression

Protection of Children and Vulnerable Adults	IADT is fully committed to safeguarding the wellbeing of all children and vulnerable adults and to meeting the provisions of the Children First Act 2015. I
Reasonable Accommodations in Examinations to Students with Disabilities	The Institute is committed to ensuring, as far as possible and within the framework of current legislative requirements, that students with disabilities have equality of access to and participation in all examinations and assessments procedures.
Records Management Policy	The purpose of the Records Management Policy is intended to be of use to all staff who are responsible for record keeping or those who are reviewing existing record-keeping procedures within the Institute.
Student Charter	The standards of conduct expected from IADT students as well as the disciplinary and appeal procedures applicable to breaches of these rules.
Student Handbook	This Handbook has important information about what is expected from IADT students, including essential details about registration, fees, exams and assessments

5.4 Relevant Legislation

Mental Health Act 2001
Disability Act 2005
Equal Status Act 2000
Equality Act 2004
Safety, Health and Welfare at Work Act 2005
The Employment Equality Act 1998
General Data Protection Regulation (GDPR)
Data Protection Act 2018
Freedom of Information Acts 2014
Children First Act 2015

5.5 Relevant National Policies/Strategies

National Student Mental Health and Suicide Prevention Framework
Sharing the Vision: A Mental Health Policy for Everyone
Connecting for Life: Ireland's National Strategy to Reduce Suicide 2015-2020
National Strategy for Higher Education to 2030
National Plan for Equity of Access to Higher Education 2015-2021
Higher Education System Performance Framework
Safeguarding Vulnerable Persons at Risk of Abuse National Policy & Procedures
Healthy Ireland/Healthy Universities
Framework for Consent in Higher Education Institutions: Safe, Respectful, Supportive and Positive – Ending Sexual Violence and Harassment in Irish Higher Education Institutions
PSI Guidelines for Good Practice with Lesbian, Gay and Bisexual Clients
PSI Guidelines Confidentiality and Record Keeping in Practice
Processing of Patient Personal Data: A Guideline for General Practitioners v2.3
Guidelines for Good Practice with Lesbian, Gay and Bisexual Clients
Inclusive Learning and the Provision of Reasonable Accommodations to Students with Disabilities in Higher Education in Ireland

5.6 Relevant Research

Mental Health Matters Mapping Best Practices in Higher Education
National Youth Mental Health Task Force Report 2017
Responding to excessive alcohol consumption in third-level (REACT): a study protocol.
My World Survey 2: The National Study of Youth Mental Health in Ireland (2019)

5.7 Relevant Organisations/Statutory Bodies

Psychological Counsellors in Higher Education in Ireland (PCHEI)
Psychological Society of Ireland
Irish Student Health Association
Irish College of General Practitioners
College of Psychiatry, Ireland
Irish Association of Counselling and Psychotherapy
Irish Council for Psychotherapy
Mental Health Commission
National Office for Suicide Prevention
Nursing and Midwifery Board Ireland
Third Level Nurses Association

5.8 IADT Support Services

(also displayed on page 3)

The following are the contact details, operating hours and locations of services which may be of assistance to students and staff in dealing with students in distress. Please see the **IADT Student Services** webpage for up-to-date contact details.

[Student Counselling Service](#)

Location: C006b in Carriglea building
Phone: (01) 239 4650
Email: studentcounselling@iadt.ie
Hours: 9 a.m.-1pm; 2.p.m-5p.m. Mon-Fri

[Student Health Centre](#)

Location: Student Health centre. Ground Floor of Atrium Building.
Phone: (01) 239 4760
Email: studenthealth@iadt.ie
Hours: Mon - Thurs 9-5pm and Fri 9-3pm

[Disability Support Service](#)

Phone: (01) 239 4895
Email: disability@iadt.ie
Hours: Monday to Friday 9 to 5pm

[Erasmus and International Office](#)

E-mail: erasmus@iadt.ie
Location: Room M102 (Media Cube)

[Students' Union Welfare & Equality Officer](#)

The SU Welfare officer deals with all student needs, concerns and queries regarding mental, emotional and physical wellbeing of the student body.

Location: Students' Union Office, the Chapel, the Quadrangle building
Email: welfareiadt@gmail.com